

Plant List for Saratoga Springs and the Soup Gathering June 2011 near Ukiah, CA

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Alphabetical by scientific name of family and then genus.

Family taxonomy is updated and historical families are listed second when a relatively recent change has occurred

Not at all comprehensive just a sampling of some major plants noticed in a short stay

Thanks to David Rodriguez, Kalanete, Jolie, Scott

	<u>Family</u>	<u>Genus</u>	<u>Species</u>	<u>Common Name</u>	<u>Comments</u>
1	Apocynaceae	<i>Vinca</i>	sp.	Periwinkle	Exotic invasive, poisonous
2	Acanthaceae	<i>Acanthus</i>	sp.	Bear's Breeches	Pool Side
3	Adiantaceae/Pteridaceae	<i>Adiantum</i>	sp.	Maidenhair Fern	Nice aesthetically for ebony black mid ribs
4	Adoxaceae	<i>Sambucus</i>	sp.	Elderberry	Berry preparations fight flu, flowers are pleasant in fritters, wine and induce sweating
5	Altingaceae/Hamamelidaceae	<i>Liquidambar</i>	sp.	Sweet Gum	Sap resin has been used medicinally from various species for a long time.
6	Anacardiaceae	<i>Toxicodendron</i>	<i>diversilobum</i>	Sister/Poison Oak	<u>Can cause a strong rash!</u>
7	Apiaceae	<i>Osmorhiza</i>		Sweet Cicily	Seeds are a yummy snack or flavoring, Leaves have pleasant anise flavor. Don't confuse with the related <u>POISON HEMLOCK!!!</u>
8	Apocynaceae	<i>Nerium</i>	<i>oleander</i>	Oleander	<u>Poisonous ornamental by dining hall</u>
9	Araliaceae	<i>Hedera</i>	<i>helix</i>	English Ivy	Exotic invasive, Though also cleans indoor air, and is medicinal in small quantities
10	Asteraceae	<i>Wyethia?</i>		Mule's Ears	Not sure on ID but had typical wide big leaves and flowers
11	Boraginaceae/Hydrophyllaceae	<i>Eriodictyon</i>	<i>californicum</i>	Yerba santa	White flowered form. Famous medicinal for bronchial issues.
12	Caprifoliaceae	<i>Lonicera</i>	<i>japonica</i>	Japanese Honeysuckle	Exotic invasive, Though flowers are edible and also a traditional cold and flu remedy
13	Caryophyllaceae	<i>Silene</i>	<i>californica</i>	Indian Pink	Stunning ornamental qualities. A very similar one grows in the east <u><i>Silene virginica</i></u>
14	Cistaceae	<i>Cistus</i>	sp.	Rock Rose	Pool side, 5 big petals Pink flowered shrub
15	Cyperaceae	<i>Cyperus</i>	<i>papyrus</i>	Papyrus	Used since ancient times to make paper
16	Ericaceae	<i>Arctostaphylos</i>		Manzanita	Edible fruits
17	Fabaceae	<i>Cercis</i>	<i>orbiculatus</i>	California Redbud	Edible flowers and beautiful ornamental
18	Fabaceae	<i>Lathyrus</i>	<i>latifolius</i>	Perennial Pea	
19	Fabaceae	<i>Robinia</i>	sp.	Locust	Typically short lived pioneer tree fixes nitrogen
20	Fagaceae	<i>Quercus</i>	spp.	Oak	Acorns were a staple food for natives and are all edible to varying degrees. Wood is famous.

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21	Ginkgoaceae	<i>Ginkgo</i>	<i>biloba</i>	Ginkgo	years old. Leaf extracts are thought to improve memory function
22	Hypericaceae	<i>Hypericum</i>	spp.	St John's Wort	Several species sited including the common creeping landscape and the medicinal
23	Iridaceae	<i>Iris</i>	spp.	Iris	Nice ornamentals. Clear examples of Monocots
24	Juglandaceae	<i>Juglans</i>	spp.	Walnut	The European Walnut was grafted on to a Native American one!
25	Lamiaceae	<i>Marrubium</i>	<i>vulgare</i>	Horehound	A little bit is beneficial for bronchial issues
26	Lamiaceae	<i>Phlomis</i>	sp.	Phlomis	Pool Side, Big yellow flowers
27	Lamiaceae	<i>Rosmarinus</i>	sp.	Rosemary	The herb of remembrance. Cali is lucky to be able to grow this in such profusion
28	Lamiaceae	<i>Stachys</i>	sp.	Betony	
29	Lauraceae	<i>Umbellularia</i>	<i>californica</i>	Claifornia Bay Laurel	Lvs in smlr qts than Bay (<i>Laurus nobilis</i>). Nuts edible when cooked PROPERLY . Carrier of Sudden Oak Death (SOD) and allelopathic
30	Liliaceae	<i>Calochortus</i>	<i>amabilis</i>		Nice ornamentally. Yellow and nodding. Different from the openness of most Mariposas
31	Loganiaceae/Buddlejaceae	<i>Buddleja</i>	sp.	Butterfly Bush	Butterflies do indeed love this bush and it is very fragrant too.
32	Onagraceae	<i>Clarkia</i>	spp.	Clarkia	Pretty ornamental genus that mostly grows in the Western US and CA in particular.
33	Phymaceae/Scrophulariaceae	<i>Mimulus</i>	spp.	Monkey Flower	Gorgeous native ornamentals that reach peak diversity in the Western US
34	Pinaceae	<i>Pinus</i>	spp.	Pine	Needles can be chewed or used to make tea
35	Pinaceae	<i>Pseudotsuga</i>		Douglas Fir	Exserted bracts in cones are key to identifying
36	Plantaginaceae	<i>Collinsia</i>	sp.	Blue Eyed Mary	Beautiful native ornamental wildflower
37	Portulacaceae	<i>Claytonia</i>	<i>perfoliata</i>	Miner's Lettuce	Tasty and succulent wild salad green
38	Primulaceae	<i>Anagallis</i>	<i>arvensis</i>	Poor Person's Weather Glass	Closes up when storms approach
39	Primulaceae	<i>Trientalis</i>	<i>latifolia</i>	Starflower	
40	Rosaceae	<i>Adenostemma</i>	<i>fasciculatum</i>	Chamise	Common needle leaved landscape shrub at upper elevations around the site
41	Rosaceae	<i>Spiraea</i>	sp.	Spirea	Pool side, Frizzy pink flowered shrub
42	Sapindaceae/Hippocastanaceae	<i>Aesculus</i>	<i>californica</i>	California Buckeye	Salve for varicose veins
43	Verbenaceae	<i>Lantana</i>	sp.	Lantana	Poisonous
44	Vitaceae	<i>Vitis</i>		Grape	Famous edible fruits and cooked/pickled leaves
45		<i>Tetradidymus</i>			Tetradymia?